

Reflection and thanksgiving mark Days of Awe 5778

Pat Lipert

Another year and another glorious celebration of the High Holy Days were observed by members of Kehillat Kernow along with visitors at Roselidden Farm in Helston.

This year seemed even more poignant than ever as we not only welcomed the new year in but also took the opportunity to honour three members of our shul for their manifold services to our community: Bonnie Rockley, Anne Hearle and Anthony Fagin.

Our observance began on Wednesday night, 20 September, with Life President, Harvey Kurzfield, leading the service. The familiar tunes and touching passages along with rousing musical renditions heartily sung by the community (in unison), made this a very moving service. Despite the inclement weather, over thirty people attended and so much catching up and convivial conversation followed along with Kiddush, honey cake, apples and honey and special round sweet New Year's challah. If this weren't enough, a tasty and versatile supper followed done to perfection by Peter and Jos Hadfield.

On the 1st of Tishri, the morning service in full sunshine as always seems to happen on Rosh HaShana, led with great flair by Adam



Tekiah!-Murray Brown takes on his annual new year's honour of blowing the shofar to announce the coming of 5778 while Adam Feldman, our service leader, calls out the proscribed notes.

Feldman, our Vice-Chairman, began with another large group of members and visitors. Once again the music, commentary by Adam, made each part of the service memorable and moving. Murray Brown's Shofar blowing gets better each year.

At the end of the service, Chairman Jeremy Jacobson, welcomed everyone, spoke about the importance of these holidays, and then applauded the merits of the special people to be honoured. He then asked Harvey Kurzfield to say a few words about the first recipient to be honoured, Bonnie Rockley.

Harvey's list of the many contributions Bonnie has made to our community since 1999, had to be limited but he highlighted her service, not only as Vice-Chairperson and now as Committee Member, but also spoke of her inter-faith activities and the laying of the foundation work for establishing three areas of burial for Jewish people in Cornish cemeteries. She was presented with a honey pot as a small measure of thanks but also with a specially commissioned Bein Gavra (Torah Cover) by Vera Collins, embroidered, sewn, inscribed

and created by Anne Hearle.

Jeremy then asked Pat Lipert to speak about the two other honourees, Anne Hearle and Anthony Fagin. Pat spoke of Anne's generosity over the years and her role as founding treasurer of Kehillat Kernow as well as her supervision of each year's Pesach festival. The equal generosity of Anthony Fagin, his work as a Committee Member and his construction of a double Aron Kodesh to house our two Torah scrolls, were some of the points made by Pat. Both also were... *Continued on page 2* ▶

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Todah rabah!-Harvey Kurzfield and Bonnie Rockley proudly display the specially commissioned Bein Gavra, the Torah cover, which was officially given to her on New Year's day, for her myriad services to Kehillat Kernow over the years.

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Chairman's remarks

Jeremy Jacobson

For me there are two new years but neither has anything to do with 1 January or indeed, with any single date. The first comes round every spring when the world bursts into a riot of colour and vigorous growth. The second occurs every autumn and encompasses the period between Rosh Hashanah and the start of the new Torah cycle. The spring new year is physical but not wholly so; the autumn new year is spiritual but again, not wholly so. The end really is a beginning and the transformation of the first into the second is celebrated in many synagogues in the joyful festival of Simchat Torah.

Now what new beginnings have we this year? First of all, the consecration of the wild flower burial site that took place on the 15th of October, the day after the reading of Bereshit during which the world was created afresh. I do not wish to be morbid but I find it strangely comforting to know there is a place in Cornwall where Jews can rest in peace and which has cost so little to the natural world, which if anything, has enhanced it.

There has been somewhat of a cemetery theme recently, what with the Open Day at Ponsharden Cemeteries in September. Yet, like the Penmount consecration, this was a happy occasion with over 200 people visiting the site and showing great interest in its history and the stories of some of the people buried there, brought to life in the recordings of Ruth Mitchell and Derek Frood. There are great hopes for an eventual restoration of these cemeteries as Leslie Lipert and Anthony Fagin work tirelessly to raise funds and to keep this piece of Jewish and Cornish history firmly in the minds of local authorities, national Jewish bodies and funding organisations.

Meanwhile, our still new Film-Food-Fact and Fiction Club had its third event in November. Having read *The Lady in Gold: The Extraordinary Tale of Gustave Klimt's Masterpiece, Portrait of Adele Bloch-Bauer* by Anne-Marie O'Connor, KK members came together to watch *Woman in Gold*. The film concentrates on one part of the story, namely the fight by an 84-year-old Maria Altmann to recover Klimt's painting of her aunt. She succeeds and we celebrated her success by sharing a meal with a golden theme. Maria's victory, which owes much to the determination of a young lawyer, Randol Schoenberg, grandson of composer Arnold Schoenberg, brings me back to new years. A creative work of genius, expropriated by the Nazis during their murderous rape of European Jewry and robbed of its Jewish identity, recovers both its place in the world and in its identity through the indomitable courage of an old lady. What better example of creative renewal could there be?



Light up for Chanukkah

Pat Lipert

On Tuesday the 12th of December, Erev Chanukkah, it will be time to take out your Hanukiah and light the first candles. The first day of Chanukkah is Wednesday, the 25th of Kislev.

It is also time to brush up on your latke and donut skills as well as to remember to buy your presents, dust off your dreidls and sing a rousing version of Ma-oz Tsur. Your daily siddurim, Forms of Prayer, gives the complete text for a meaningful home service on pp. 374-378. We insert the Chanukkah candles from right to left but we light the candles from left to right as we introduce a new candle (in addition to the

Shamas), on each succeeding night. This important festival of re-dedication emphasises the rebellion of the Maccabees against Antiochus IV and the liberation of Jerusalem and the purification of the Temple in 165 BCE. We also think of Hannah and her seven sons who preferred to die by the sword as martyrs rather than not worship the God of Israel.

So as we recall "the wonders, victories and the marvellous and consoling deeds," Adonai "performed for our ancestors in those days at this season," we can be thankful for our past, present and our future as we look at the younger members who are gathered around us for these very special eight days.

Days of Awe 5778

◀ *Continued from front page* ...presented with special honey pots. The love, gratitude and genuine affection for these very special people felt by our members palpitated throughout the room.

Kiddush with traditional holiday treats and a luncheon prepared again by the Hadfields, followed.

Yom Kippur began with the most moving Erev service on the 9th of Tishri introduced by Kol Nidrei. Harvey's rendition of it could not but help to move everyone who heard it, and somberly to call us together for what was our final leg of the Teshuvah journey we had been making for the past forty days.

The services on Yom Kippur couldn't have

been more finely executed by our thoughtful and very hard-working leaders, Adam and Harvey. From the Morning services through to Neilah, the reflections, haunting melodies, commentaries, and prayers made each part of the Teshuvah experience both meaningful and moving. As it was Shabbat, Kiddush and Havdalah were joyfully appreciated before we officially broke our fast with a fine communal supper after sundown. Jos and Peter Hadfield's gifilte fish was needless to say, especially savoured along with the other vegetarian dishes. All services were well attended despite changeable weather. We went home satisfied, uplifted and so grateful for being able to participate in this special of all special festivals.



Begin the procession-Honoured members of our community prepare to process the Torah on Yom Kippur before the readings. From left to right are: Adam Feldman, David Hearle, Rosie Brown, David Moses and Anne Hearle.

Ponsharden open day huge success

Pat Lipert

Over 200 people attended the open day at the Ponsharden Jewish and Dissenters Burying Ground sponsored by the Friends of Ponsharden Cemeteries on Sunday, September 10th in Falmouth. Despite the windy and rainy Cornish weather, people of all ages, from members of local communities and historical, archaeological, and inter-faith religious groups, who enthusiastically toured the two historic cemeteries to undergo restoration to learn more about their shared past.

The undergoing Restoration is being led by the Friends, the Falmouth Town Council with the help of Historic England. An application to the Heritage Lottery Fund has been submitted to raise the necessary additional funds. The Open Day was in conjunction with the European Days of Jewish Culture and Heritage and National Cemeteries Week. On hand to explain the historic significance of the Jewish Cemetery were Keith Pearce, local historian and authority on Cornish Jewry; Rob Nunn and Tom Weller, historians and experts on the adjacent Dissenter's Burying Ground. Anthony Fagin, custo-



Sombre reflection-Keen supporters and friends of KK, Mandy and Keith Pearce, local historian, are clearly moved by the ceremony of remembrance which took place.



Dor v' Dor-Kathryn Berman, former Mancunian, made a special trip from her home in Israel with her husband, Eliot, to say prayers over Esther Elias's grave, her grandmother seven generations back who died in 1780. (Photo: Leslie Lipert)



Gathered together-Members of the Jewish and greater communities inspect the historical gravestones at the Ponsharden Open Day where people met to see the important site which will be restored. (Photo: Anthony Fagin)

dian of the Jewish Cemetery, provided explanatory markers on some of the gravesites to give visitors an idea of the significance of some of the people buried there. In addition, visitors were provided with headphones containing an audio trail which introduced them to the lives of some of those people, created by Ruth Mitchell and Derek Froud of the Ripple Theatre. Prior to the open day times, from 2-4pm, a Presentation at The Poly at 12:30pm by Mitchell and Froud was held which explained their research and development of the Ponsharden and other cemeteries.

Of poignant significance to the Jewish community, a direct descendant of one of the first Jews to live in Cornwall, Kathryn Berman, a Mancunian by origin and now living in Israel with her husband, Elliot, came specifically for this open day to pay respects to members of her family who are buried in the Jewish cemetery.



Inter-faith connections-Members of the Jewish community also spent time at the adjacent Dissenters' cemetery, part of the Ponsharden Cemeteries, during the open day. From left to right are: Gloria Jacobson and her nephew, Jeremy Jacobson, Chairman of KK and in the background, Rachel Brown, Roger Chatfield and Mandy Pearce.



Zachor, zachor-Members of the Jewish community gathered around the historic grave of Esther Elias to say Kaddish, not only for her but also for the other members of the former Falmouth Jewish Community established in the 18th century, as well as for the memories of those who died from the present Jewish community. (Photo: Leslie Lipert)

Kathryn is a seventh generation descendant of Esther Elias, born in 1730 who was married to Barnet Levy. The couple came from London to Falmouth, raised eight children and she died in 1780. Her burial is the oldest surviving recorded Jewish burial in Cornwall.

Upon visiting the cemetery earlier in the week with custodian Anthony Fagin, several other members of her family were also discovered.

A special service was held by members of the Jewish community and the Bermans on Sunday. Kaddish and other prayers were said to mark and honour those forebearers and members of the Jewish community. The connections between the past, present and future couldn't have been more significant.

Prior to participating in the open day, a luncheon was held to honour the Bermans, hosted by Anthony Fagin and Ms. Carolyn Shapiro.

Many thanks to all those organised and worked hard to ensure the success of this significant community event.

Lecture on Cornish Jews

Pat Lipert

Local historian and authority on the Jewish Cornish history, Keith Pearce, closed a series of summer lectures at Paul Church in Pol, August 22nd, with a talk on the history of Jews who settled in Cornwall from the early 18th century until 1913.

The event, attended by large groups of people from Inter-Faith communities as well as many members of the Jewish Community, Kehillat Kernow, emphasized the people who comprised the various Jewish communities in the 18th and 19th centuries in Falmouth, Penzance and Truro.

Pearce's lecture which included many rare slides of members of past Jewish communities in the area, began by dispelling various myths about the presence of Jews in Cornwall and their activities in pre-medieval and medieval times.

He discussed how the vanishing of the Cornish language often led to confusions about a Jewish presence prior to the 18th century so that place names such as Marazion, Jews House and Market Jew Street in Penzance, had nothing to do with Jewish people at all but were close phonetically to Cornish words for market places or smelting hearths in the area.

Pearce then went on to discuss various prominent members of the Jacob family of Falmouth highlighting the contributions they made by investing and supporting Cornish mines, rail transport, shipping and harbour enterprises. The influence and contributions made by some of Penzance's prominent Jewish citizens (the Hart families, the Oppenheims, the Bischofswerders, the Simmons family), to civic and religious life was also explained. The role of Freemasonry to the early Jewish communities was also emphasized since the organisation allowed Jews to make contact and interact on various levels with the greater gentile community offering a stable and accessible vehicle for viable economic and civic life.

The wealth of Pearce's knowledge and genuine



Distinguished visitor-Professor Sir Peter Rubin with his friend, Keith Pearce at the Penzance Jewish Cemetery which has recently been restored. Both men were contemporaries at Redruth Grammar School and at Emmanuel College, Cambridge. Sir Peter served as chair of the General Medical Council of the UK and is an Honorary Fellow of Emmanuel College and Emeritus Professor at Nottingham University.

love for his subject also allowed for many poignant anecdotes about who these various people were, allowing them to 'live again' and gave the audience a greater appreciation of the contributions they made to Cornish life. Because of Pearce's meticulous documentation through his definitive histories of Cornish Jews, they have not been forgotten.

Pearce, who also is custodian of the Penzance

Jewish cemetery (recently restored), closed by emphasizing the value to the cultural and historic aspects of Cornish life with the ongoing restoration projects for the Ponsharden Cemeteries (The Falmouth Jewish Cemetery and the Dissenter's Burying Ground), as well as the Penzance Jewish Cemetery which is one of the finest examples of Jewish Georgian Cemeteries outside London in the country.

Jewishly speaking...

In 1835, Irish politician, Daniel O'Connor, known as the 'Catholic Emancipator,' taunted MP and Prime Minister Benjamin Disraeli, in the House of Commons about his Jewish ancestry. Below is Disraeli's famous reply, or at least one version of it:

"Yes, I am a Jew, and when the ancestors of the right honourable gentleman were brutal savages in an unknown island, mine were priests in the temple of Solomon." Contributed by Pat Lipert.

Do you have a favourite quote on the subject of Jews? Send in your selection for the next newsletter to: editor@kehillatkernow.com

Kurzfield book fair

On Saturday, November 4th, the annual book fair to raise money for Cornwall Hospices in honour of Kate Fagin (z'l), was hosted by Jacqueline and Harvey Kurzfield. All of their reception rooms were awash with many books to satisfy every interest, from literary classics to practical manuals, from science to travel, from humour to popular fiction. Well attended by members of Kehillat Kernow as well as the greater community, this annual event continues to be as popular

as ever.

One of the major drawing cards, of course, is the sumptuous, myriad of pastries, cakes, biscuits and sweets painstakingly prepared by Jacqueline. She truly is our community's star baker! The generous support of everyone who comes to this very literary and social event cannot be understated and many thanks are in order to the Kurzfields who organised and hosted this. Pictures can be seen in the next issue of Kol Kehillat Kernow.

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New books added all the time. Contact Pat Lipert, librarian, if you wish to borrow a book, pamphlet or newsletter from our ever-expanding Arnold and Leatrice Levine Library

Teshuvah for Cornish Jews

Members of Kehillat Kernow and visitors observed the Days of Awe at Roselidden Farm in Helston which brought in the new year of 5778 and Yom Kippur. Services were led by Life President, Harvey Kurzfield, and KK Council member, Adam Feldman.



Family affair-Auntie Gloria Jacobson with her nephew, Jeremy Jacobson, KK Chairman, look all set to enjoy the beginning of the Erev Rosh HaShanah service.



We pray together-New Year's day at Roselidden Farm is well observed by a fine gathering of friends, visitors and extended family of Kehillat Kernow.



Simcha time-Pat Lipert and Jacqueline Kurzfield share a lighter moment before Erev Rosh Hashannah services, always a time of warm greetings for good friends and family.



Well done-Anthony Fagin is presented with a gift of appreciation by Pat Lipert for his contributions to the community over the years as well as the new Aron Khodesh which he built to house our two Torah scrolls.



Torah study begins-Service leader Adam Feldman on the beautiful Bein Gavra used for the first time during the Yom Kippur service. Both the Bein Gavra (Torah cover), and Torah mantels were made by KK Council member, Anne Hearle, who looks on in anticipation of the service.



Havdalah-Members of the community enjoy the breaking of the fast after Yom Kippur services with the traditional braided candle and wine.

Editorial

While standing in the windy, rainy weather in Falmouth giving out Kippot to all those diverse people who were visiting our/their cemetery on the 10th of September for the Ponsharden Open day of the Dissenters' and Jewish cemeteries, lines from Jonathan Sack's book, 'The Dignity of Difference,' kept coming to mind. Here were all these people, mostly strangers, of all ages, some of whom had probably never visited a Jewish cemetery before, curiosity, perplexity and warmth written on their faces, most eager to see our shared history. We Jews who emphasize the unity of God in our prayers and liturgy, also, as paradoxical as it may seem, acknowledge that this unity is manifested in the diversity of creation. Dialogue, understanding, allowing space and respect for equally justified differences, are a part of that. It's not what we have in common that is difficult to reconcile, but how the differences between us, whether they be culturally or religiously specific, matter equally. These differences complement our lives to create a more universal, unified whole and that is probably part of what Sacks meant about "the dignity of difference." We humans are a complicated lot and approach new experience with wonder, joy, trepidation, and a bit of insecurity. Hopefully, by the end of that experience, we have a sense of being a little bit more than what we were before and are encouraged to learn more about that which seems so alien to what we have always known.

Nowhere could this have been more visibly manifested than in the responses of those who came to visit this important, historic Jewish cemetery. When the Kippah was placed on the heads of most people, they looked up, beamed, smiled broadly, and felt uplifted by participating in a culture, a tradition, a custom, completely different from what they had done before. The innate, instinctive wish to know more immediately surfaced. For those who were Jewish or familiar with Jewish customs, though not many of them were, the sense of being part of the family of Israel, part of an identity, declared itself both in words and expression.

For a very few others, it was too much of a physical act to undertake and hostility and rejection emerged. They chose, instead, to escape immediately rather than have to deal with something which felt uncomfortable. Explanation, reassurance and reason did not alleviate their trepidation. For some, moving outside the box is not an option but for most, putting on the Kippah was seen as an opportunity.

And that is the optimistic part of this story. If most of us are willing to see the value of experiencing something culturally and religiously different, it augers well for our future, creating a world where diversity is possible in order to create a more unified, greater whole, not only in one small geographical space of a cemetery or moment in time, but on a much larger scale.

It is a beginning and it is possible.

What you didn't know about Sukkot

Pat Lipert

Most of us know that Sukkot is a joyful festival following the more sombre observances during the High Holy Days, a time when we re-enact and remember the temporary dwellings in which we lived during the 40 years in the desert. Life then and now has always been filled with uncertainty but we keep our faith regardless. And we know that the rules regarding waving of the etrog and lulav symbolise that God is everywhere. But also, there are many more curious facts attached to this festival. The following are but a few of them:

- The Puritans during the American colonial era looked to the festival of Sukkot for an appropriate way of giving thanks. Result: American Thanksgiving.
- Hanging fruits and vegetables may be part of many Sukkah decorations, but Iraqi Jews also hung hollowed eggs which were constructed into the shape of birds to remember family members who have died.
- The Yuchi Indians of Oklahoma also celebrate an 8-day harvest festival, live in

booths which are covered in leafy foliage and shake a branch during a cultic procession.

- The oldest etrog is 5,000 years old, discovered by archaeologists in Iraq (which was once Mesopotamia).
- During the time of the First Temple, Sukkot was the most important holiday.
- While the original Israelites lived in tents not booths in the desert, the booths became popular when the 'in-gathering' took place in Jerusalem, thus the name, The Feast of Tabernacles, also used to mean Sukkot. The Mishkan (portable tabernacle in the desert) had nothing to do with Sukkot, so that description is mis-leading.
- The King of Judea, Alexander Jannaeus, 106-76 BCE, was pelted with etrogim on Sukkot, when he messed with cultic traditions. Sadly, he ordered the pelters to be slaughtered. Not one of our more revered kings, to be sure.
- While traditional Ashkanazi Jews often have stuffed cabbage in the Succah, (or Galumpkis as my mother used to call them), Americans have taken to making Kosher pizza and Sushi to eat in their Succahs.



Time for a Shehekianu - Anthony Fagin, who constructed the double Aron Khodesh, and Anne Hearle who made the Torah mantels and curtain for the new Ark, are seen rightly pleased with their finished products.

You can now order copies of
'The Penzance Jewish Cemetery, a Concise History and Guide'

Available from Penlee house, Leslie Lipert
or local bookshops for £4.99.
ISBN: 978-0-85704-222-4.

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- £25/£50 (without or with scroll)

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Consecration of Penmount Wild Flower Cemetery

Pat Lipert

As it says in Ecclesiastics, "to everything there is a season," and on Sunday, 15th October, members of the KK Jewish community, consecrated the now open, new wild flower Jewish cemetery adjacent to Penmount Crematorium in Truro. Chairman Jeremy Jacobson, a keen commentator on parashot, understood the appropriateness of this consecration at this particular time of year, for it also was the Shabbat of Bereshit. New beginnings to honour a final resting place for those at the end of their life cycles. Twenty-two people attended the ceremony conducted by Life President Harvey Kurzfield. A traditional service took place with prayers and passages from Torah duly recited and as members of the community participated in the time-honoured custom of circling the site seven times as we read scripture aloud. The Jewish section of this wild flower cemetery has been partitioned and separated from the rest of the wild flower site by Hawthorne bushes; a portable water facility for the washing of hands is in place along with a wooden bench which will one day contain the names of the Jewish people who are buried there. In addition, a book of remembrance will be placed inside the Penmount Crematorium building with a page for each member buried



Reflection and prayer-As part of the consecration, several passages from Jewish liturgy and Torah passages are read by members of the community during the service, along with Susan Cannan, Penmount Funeral Director, and her assistant.

there with a picture of a Jewish headstone containing the appropriate words in Hebrew and in English as well as inscriptions of choice to replicate what the deceased person's burial plot would have looked like with a traditional tombstone.

The purpose of this wild flower cemetery is in keeping with recent trends to have gravesites be as natural as possible and in harmony with natural surroundings.

Following the consecration service, an extra service was held to bury sacred books which are no longer usable. It was a moving ceremony to honour and to acknowledge the precious and

valuable nature of books in Jewish tradition. Each member of the community participated in this burial as the sacred texts were covered over.

After the services ended, participants went on to the Alverton Hotel in Truro to enjoy a high tea sponsored by Kehillat Kernow. It was a gracious, peaceful and convivial way to end what had been a day of mitzvot.

Many thanks to Susan Cannan, Penmount Bereavement Services Manager, Harvey Kurzfield, Rachel Brown, Jeremy Jacobson, and Leslie Lipert who organised this meaningful event.



Service of consecration-Harvey Kurzfield leads the service at the Penmount Wild Flower Cemetery which consecrated and blessed the Jewish section of this special burying ground.



Sacred book burial-Chairman Jeremy Jacobson, along with every member of the community present, helps to bury sacred texts in the Jewish section of the cemetery following an extra service to acknowledge the precious legacy of what these books have given us.



Seven-fold procession-Members of the Jewish community, led by Melanie Feldman and her daughter, Jemima, circle the Jewish section of the Wild Flower Cemetery seven times, in keeping with one of the traditions of the consecration ceremony.



Post-service simcha-Members of the KK community enjoy a high tea at the Alverton Hotel following the consecration ceremony. At this particular table we find, from left to right, some of the many people who attended in animated discussion: Jeremy and Mai Jacobson, Tiny Daly, Rachel Brown, Roger Chatfield, David Hearle and Carolyn Shapiro.

Notices and diary

Mazel Tov:

- Bao Jacobson and Scott Chatfield on their fine A-Level exam results and their university acceptances and to Quyen Jacobson on her exam results (GCSE's).
- Leslie Lipert, Anthony Fagin and Friends of Ponsharden Cemeteries on their very successful Open Day.
- Bonnie Rockley, Babs Colman, Anthony Fagin and David Hearle on their special birthdays.
- To all members of KK and Susan Cannan on the moving consecration of the Jewish section of the Penmount Wild Flower Cemetery in Truro.

Get Well Soon:

- Vera Collins
- Bonnie Rockley

Condolences :

- To Joanna and Bernard Simmons on the loss of their father, Godfrey Simmons, 98, custodian of the Penzance Jewish Cemetery for many years.
- To Anthony Fagin and his family on the loss of his sister, Jessica Devorah, on the 11th of November, 22nd of Cheshvan.

Diary:

Dec 9 th	Va-yeishev (Liz), 21 Kislev, 10:30am, xxx
Dec 13 th	Chanukah, 25 Kislev (Thursday, first day). xxx
Dec 23 rd	Va-Yiggash (Adam), 5 Tevet, 10:30am, xxx
Jan 6 th	Sh'mot (Harvey), 19 Tevet, 10:30am, xxx
Jan 20 th	Bo (Pat), 4 Shevat, 10:30am, xxx

Jan 31 st	Tu BiShevat, 15 Shevat, New Year for Trees, Wednesday), New Year for Trees. xxx
Feb 3 rd	Yitro (Liz), 18 Shevat, 10:30am, xxx
Feb 17 th	T'rumah (Adam), 2 Adar, 10:30am, xxx
Mar 1 st	Purim, 14 Adar (Thursday). xxx
Mar 10 th	Va-Yakhel-P'kudei (Harvey), Shabbat Parah, Blessing for Nisan, 10:30am, xxx
Mar 24 th	Tzav (Pat), Shabbat Ha-Gadol, 10:30am, xxx
Mar 30 th	Erev Pesach, 14 Nisan, Friday, 1st Seder, (Trelissick Gardens), 6:30pm
Mar 31 st	Pesach, 15 Nisan, 1st Day. No service
Apr 7 th	Sh'mini (Adam), 22 Nisan, 10:30am, xxx
Apr 19 th	Yom Ha'Atzma'ut, 29 Nisan, Thursday. xxx
Apr 21 st	Acharei Mot-K'doshim (Liz), 6 Iyar, 10:30am, xxx
May 5 th	B'Har (Harvey), 20 Iyar, 10:30am, xxx
May 19 th	B'Midbar (Pat), 5 Sivan, 10:30am, xxx

Contacts:

Kol Kehillat Kernow Editor: Pat Lipert.

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Totally amazing Sunday breakfast chocolate stuffed pancakes

Melanie Feldman

This is a combination of the basic batter from Nathan Outlaw and a fantastic idea I saw in a Good Food recipe. It is definitely

worth whisking the egg whites separately. Don't skip that.

Once you've done it this way, you will never go back.

You may even make them on all the other six days!

Serves 2-3.

2 eggs

90g plain flour

90ml milk

Half a teaspoon baking powder

Dollop of chocolate spread (or peanut butter/jam-whatever you want to ooze out the middle).

Sauce (we like fruit coulis or maple syrup. Cream or golden syrup would be good too. First gather up an electric whisk, large bowl for whisking, smaller bowl/jug and spray/wipe your non-stick frying pan with oil or butter. Separate eggs-whites in big bowl, yolks in jug. Add



Lighter than air-These special pancakes may float off your plate with the special method of preparing them offering delight and some surprises for anyone lucky enough to eat them.

milk, flour and baking powder to egg yolks. Whisk egg whites until stiff, then whisk in the ingredients in the jug until combined. It does not need to be mixed completely; streaks of egg white are fine.

Medium hot pan-put a tablespoon of mix in (2-3 per person). Should use about 2/3 or 3/4 of mix. Don't use it all. Now put a teaspoon of chocolate

Leslie's joke

The Grandmother: a Funny Story

Last year, just before Hanukkah, Miriam, a grandmother was giving directions to her grown up grandson who was coming to visit with his wife for the first time. 'You come to the front door of the block of flats. I am in apartment 2B.'

Miriam continued, 'There is a big panel at the door. With your elbow push button 2B. I will buzz you in. Come inside, the lift is on the right. Get in, and with your elbow hit 2. When you get out I am on the left. With your elbow, hit my doorbell.' 'Grandma, that sounds easy,' replied Jonathan, the grandson, 'but why am I hitting all these buttons with my elbow.'

To which she answered, 'You're coming to visit empty handed?'



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SUDOKU

How to play: Complete the grid so the numbers 1 to 9 appear only once in each row, each column and 3x3 box. Don't worry; no maths is involved. Only logic is required to solve the puzzle. Have fun!

IT'S MODERATELY HARD

		1				2		
	6	4					7	
3				1	7			6
8					9		2	7
			3	2	6			
9	3		4					1
6			9	3				2
	1					9	6	
		9				5		

For the solution and more free puzzles, have a look at the Sudoku website: sudokusolver.com.

spread in the middle of each. Carefully spoon and spread the rest of the batter over to seal in the filling. Work quickly so the bottom doesn't overcook (hence do not use a very hot pan). Flip them over to cook other side. Voila! The fluffiest pancakes with a secret decadent melted filling. Serve with sauce/syrup.